

REGISTRATION

5K RUN \$20.00* / 10K RUN \$30.00* / LITTLE FIRECRACKERS 1K DASH \$10.00*

PLEASE ADD \$5 FOR LAURA'S HOUSE PANCAKE BREAKFAST

*Pre-Registration (Prior to June 21)

Presented By:

Mail-in Registration: Freedom Run, 39 Lewiston Court, Ladera Ranch, CA 92694
Make checks payable to: "Ladera Legs"



Packet Pick-up at Dick's Sporting Goods: 27502 Antonio Parkway, Ladera Ranch, CA 92694 on July 2nd & 3rd from 12:00pm to 9:00pm.

Late and Race Day Registration 5k \$25, 10k \$35, 1K \$10 Begins at 7:00am located at Avendale Clubhouse on 1 Daisy Street, Ladera Ranch, CA 92694 Day-of-event registrants will likely get a event shirt, but sizes are limited to what is on hand.

Registration Form - One Form Per Entrant (Form May Be Photocopied)

Age Category 1K Firecracker:

Last Name

First Name

3-4

5-6

7-8

9-10

11-12

Address

Participating In:

5K

10K

1K

City

State

Zip

Sex:

M

F

Email Address

Shirt Size:

Age On Race Day

Birth Date

Day Time Phone

XS

SM

MD

LG

XL

XXL

Age Category 5K or 10K

8-12

13-18

19-24

25-29

30-34

35-39

40-44

45-49

50-54

55-59

60-64

65-69

70+

Ladera Ranch Residents Only:

Would you like to participate in the Ladera Ranch Community Fourth of July Parade? ___ Yes

Please choose a category: ___ Bike Parade ___ Family ___ Club ___ Other Group

*You will receive a Entry Form for the Ladera Ranch Parade that will include additional information via email.

The undersigned Participant expressly acknowledges that LADERA LEGS and PRIME TIME MANAGEMENT have no obligation to offer recreational events such as the 5th Annual Freedom Run at the Ranch ("Freedom Run"). I understand there is a possibility that I could be seriously injured while participating in this recreational activity. The property on which the Freedom Run is conducted may not be in perfect condition. In signing this form, I am asking for permission to participate in the event with the knowledge that I could be injured, and I hereby agree to accept any and all risk of injury or damage to property on behalf of myself and any minor on whose behalf I have registered. In consideration of your accepting this registration, I hereby agree to release and hold harmless Ladera Legs and Prime Time Management and any of their officers, employees or volunteers from any liability, claim or action for injury or damages resulting from, or in any way

Participant Signature: _____ Date: _____

Parent or guardian if participant is a minor. Checks Payable to "Ladera Legs"